

Lap Lane Availability

Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice.

Competition Pool (50m) 03/02/25 - 09/02/25

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.30am – 6am	5x50m	6x50m	5x50m	6x50m	5x50m	CLOSED	CLOSED
6am – 7am	5x50m	6x50m	5x50m	6x50m	5x50m	CLOSED	CLOSED
7am – 8am	5x50m	6x50m	5x50m	6x50m	5x50m	7x25m	7x50m
8am – 8:30am	7x50m	7x50m	7x50m	7x50m	7x50m	7x25m	7x50m
8:30am – 9am	7x50m	7x50m	7x50m	6x50m	7x50m	4x25m	5x50m
9am – 10am	7x50m	7x50m	7x50m	7x50m	7x50m	4x25m	5x50m
10am – 11am	7x50m	7x50m	7x50m	7x50m	7x50m	4x25m	5x50m
11am – 12pm	7x50m	7x50m	7x50m	7x50m	7x50m	12x25m	5x50m
12pm – 1pm	Transition to 25m	Transition to 25m	Transition to 25m	Transition to 25m	Transition to 25m	12x25m	7x50m
1pm – 2pm	15x25m	12x25m	12x25m	12x25m	12x25m	15x25m	7x50m
2pm – 3pm	15x25m	12x25m	12x25m	15x25m	15x25m	15x25m	7x50m
3pm – 4pm	15x25m	12x25m	12x25m	12x25m	15x25m	15x25m	7x50m
4pm – 5pm	4x25m	4x25m	4x25m	4x25m	7x25m	15x25m	7x50m
5pm – 6pm	4x25m	4x25m	4x25m	4x25m	7x25m	Transition to 50m	7x50m
6pm – 7pm	4x25m	4x25m	4x25m	4x25m	7x25m	7x50m	7x50m
7pm – 8:30pm	7x25m	7x25m	7x25m	7x25m	12x25m	CLOSED	CLOSED
8:30pm – 9pm	Transition to 50m	Transition to 50m	Transition to 50m	Transition to 50m	12x25m	CLOSED	CLOSED
9pm – 9.30pm	7x50m	7x50m	7x50m	7x50m	12x25m	CLOSED	CLOSED

Lap Lane Availability

Due to regular Learn to Swim programs there is no lap availability in the Program Pool between 3:15pm-7:30pm on Weekdays and no lap availability in the Program Pool between 8:15am-1:15pm on Weekends. The Competition Pool will still be available for lap swimming.

Program Pool (20m) 03/02/25 - 09/02/25

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.30am – 6am	5	5	5	5	5	CLOSED	CLOSED
6am – 7am	5	5	5	5	5	CLOSED	CLOSED
7am – 8am	3	5	1	5	5	5	5
8am – 8:30am	3	3	3	3	3	3	3
8:30am – 9:30am	2	2	2	2	2	0	0
9:30am – 11am	2	2	2	1	2	0	0
11am – 12:15pm	2	2	2	1	2	0	0
12:15pm – 1pm	1	1	1	1	1	0	0
1pm – 1:30pm	2	2	2	1	2	0	0
1:30pm – 2pm	2	2	2	2	2	2	2
2pm – 3pm	2	2	2	2	2	2	2
3pm – 4pm	0	0	0	0	0	2	2
4pm – 5pm	0	0	0	0	0	2	2
5pm – 6pm	0	0	0	0	0	3	3
6pm – 7pm	0	0	0	0	0	3	3
7pm – 7:30pm	1	1	1	1	1	3	3
7:30pm – 8:30pm	3	3	3	3	3	CLOSED	CLOSED
8:30pm – 9:30pm	3	3	3	3	3	CLOSED	CLOSED

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide.

This will ensure all centre users can experience the best possible visit.