

Lap Lane Availability

Please note, the pool space allocations are a guide only. Bookings are taken daily and therefore pool space allocation may change at short notice.

Competition Pool (50m) 21/10/24 - 27/10/24

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.30am – 6am	4x50m	4x50m	3x50m	3x50m	3x50m	CLOSED	CLOSED
6am – 7am	4x50m	4x50m	3x50m	3x50m	3x50m	CLOSED	CLOSED
7am – 8am	4x50m	4x50m	3x50m	3x50m	3x50m	7x25m	7x50m
8am – 8:30am	7x50m	7x50m	6x50m	6x50m	7x50m	7x25m	7x50m
8:30am – 9am	7x50m	7x50m	7x50m	5x50m	7x50m	4x25m	4x50m
9am – 10am	5x50m	6x50m	6x50m	5x50m	6x50m	4x25m	4x50m
10am – 11am	5x50m	5x50m	6x50m	4x50m	6x50m	4x25m	4x50m
11am-12pm	6x50m	5x50m	6x50m	4x50m	6x50m	4x25m	4x50m
12pm – 1pm	5x50m	5x50m	5x50m	5x50m	5x50m	4x25m	4x50m
1pm – 2:30pm	6x50m	6x50m	6x50m	6x50m	6x50m	7x25m	7x50m
2:30pm – 3pm	Transition to 25m	Transition to 25m	Transition to 25m	Transition to 25m	Transition to 25m	7x25m	7x50m
3pm – 4pm	12x25m	12x25m	12x25m	12x25m	12x25m	6x25m	6x50m
4pm – 5pm	4x25m	4x25m	4x25m	4x25m	8x25m	7x25m	6x50m
5pm – 6pm	4x25m	4x25m	4x25m	4x25m	8x25m	Transition to 50m	7x50m
6pm – 7pm	4x25m	4x25m	4x25m	4x25m	8x25m	7x50m	7x50m
7pm – 8pm	4x25m	6x25m	4x25m	5x25m	15x25m	CLOSED	CLOSED
8pm – 9pm	Transition to 50m	Transition to 50m	Transition to 50m	Transition to 50m	15x25m	CLOSED	CLOSED
9pm – 9.30pm	15x25m	15x25m	15x25m	15x25m	15x25m	CLOSED	CLOSED

Please check the Stromlo Leisure Centre Facebook page for updates and schools swimming timings. Morning Learn to Swim Lessons are unaffected by school swimming lessons and running as normal programming.

Due to regular Learn to Swim programs there is no lap availability in the Program Pool between 3:15pm-7:30pm on Weekdays and no lap availability in the Program Pool

Lap Lane Availability

between 8:15am-1:15pm on Weekends. The Competition Pool will still be available for lap swimming.

Program Pool (20m) 21/10/24 - 27/10/24

Time	Mon	Tues	Wed	Thurs	Fri	Sat	Sun
5.30am – 6am	5	5	5	5	5	CLOSED	CLOSED
6am – 7am	5	5	5	5	5	CLOSED	CLOSED
7am – 8am	5	5	5	5	5	5	5
8am – 8:30am	3	3	3	3	3	3	3
8:30am – 9:30am	3	3	3	3	3	0	0
9:30am – 11am	1	1	1	1	1	0	0
11am – 12:30pm	1	1	1	1	1	0	0
12:30pm – 1pm	1	1	1	1	1	0	0
1pm – 1:15pm	1	1	1	1	1	1	1
1:15pm – 2:30pm	1	1	1	1	1	2	3
2:30pm – 3:15pm	3	3	3	3	3	2	3
3:15pm – 4pm	3	0	0	0	0	2	3
4pm – 5pm	3	0	0	0	0	3	3
5pm – 6pm	3	0	0	0	0	3	3
6pm – 7pm	0	0	0	0	0	3	3
7pm – 7:30pm	1	1	1	1	1	3	3
7:30pm – 8:30pm	3	3	3	3	3	CLOSED	CLOSED
8:30pm – 9.30pm	3	3	3	3	3	CLOSED	CLOSED

Lap Lane Etiquette

To ensure your lap swimming session is a rewarding one, please refer to our website for the lap lane guide.

This will ensure all centre users can experience the best possible visit.